



Metro Minute

Stories of hope and impact across DFW

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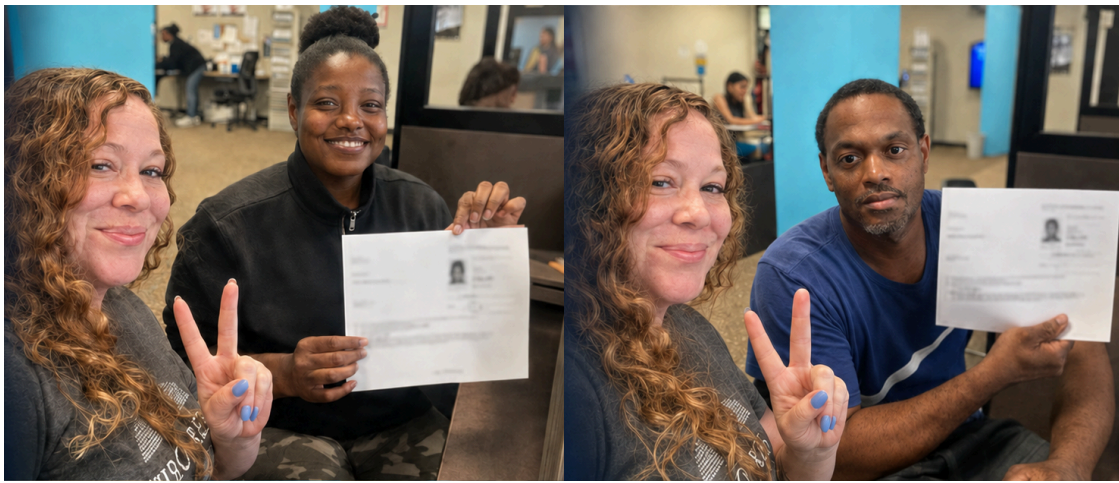
DID YOU KNOW?

Fentanyl is reshaping the street drug supply

Illicit fentanyl is not new, but its low cost and extreme potency have made it widespread. It may be mixed into heroin, cocaine, methamphetamine, or counterfeit pills—sometimes without the person using the drug knowing it is there.

Why can't unhoused individuals just “get clean” or go to rehab?

Homelessness does not merely complicate recovery. The instability of life on the street can actively sabotage it.



- 1 Instability:** Camp displacement and the constant search for food, water, safety, and shelter make it extraordinarily difficult to keep appointments or complete a treatment plan.
- 2 System barriers:** Identification, insurance paperwork, a working phone, transportation, waitlists, and co-occurring health needs can all stand between a person and care.
- 3 The withdrawal cycle:** Opioid withdrawal can bring intense nausea, vomiting, diarrhea, muscle aches, restlessness, and anxiety. Without a safe place and clinical support, a person may continue using simply to avoid becoming incapacitated on the street.
- 4 Recovery needs continuity:** A safe place, consistent case management, transportation, treatment access, and most importantly, stable housing create the conditions for recovery to take hold.

Recovery often requires treatment, structure, time, and consistent support. We also believe God can bring immediate, miraculous freedom, and we pray for that breakthrough. While such miracles do happen, they are not the usual path for most people. Lasting recovery is typically a process, strengthened by compassionate care, community, and stable housing.

Fentanyl is not the answer. Shame is not the answer either. Metro Relief will keep going where others are unwilling to go—offering dignity, relationship, and real pathways toward safety, recovery, and housing.

Learn more from the [U.S. Drug Enforcement Administration](#), the [National Alliance to End Homelessness](#), and the [Moritz Center for Societal Impact at UT Austin](#).

YOU ARE INVITED

An evening to unmask hope



Join us Saturday, December 5, from 5:00–9:30 p.m. at the McKinney Cotton Mill for Metro Relief's Masquerade Gala. We will celebrate the people, partnerships, and possibilities that move our neighbors from homelessness toward home.

Masks are optional. Your presence is what matters.

[Reserve your Gala tickets](#)

VIEWSPARKS ARE COMING

The front lines—straight to your phone



Soon, ViewSparks will help us send brief photo and video updates from outreach—real moments that show what your prayers, volunteering, and giving make possible.

If you have not shared your current mobile number with us, please use the link below. Add your number and select the option to receive Metro Relief news and updates so you will not miss these stories.

[Share or update my mobile number](#)

NORTH TEXAS GIVING DAY RESULTS

You showed up for Metro Relief



Your generosity keeps mobile outreach and one-on-one support moving across DFW.

\$22,400
FROM 39 DONORS

Through North Texas Giving Day, 39 donors gave \$22,400 to Metro Relief—50% of our \$45,000 goal. Every gift helps our Mobile Case Managers bring practical care, transportation, identification assistance, and a steady relationship to people working toward stability.

Across North Texas, more than 94,700 donors raised over \$76 million for more than 3,300 nonprofits. Thank you for choosing to make Metro Relief part of that extraordinary day of generosity. North Texas Giving Day has ended, but it

is not too late to help. You can give to Metro Relief at any time through our website.

Keep the momentum going—give now

PUT HOPE INTO ACTION

Your Metro Minute checklist

- ✓ Learn why stable housing and continuity of care matter in recovery.
- ✓ Reserve your seat for Metro Relief's Masquerade Gala.
- ✓ Share or update your mobile number so you can receive ViewSparks.
- ✓ Celebrate the \$22,400 that 39 donors gave through North Texas Giving Day.

Watch your inbox Thursday, October 8, for *On the Front Lines with Metro Relief*

One neighbor. One journey home. A reflection from the field.

INSPIRED BY ISAIAH 58:7

"Share your food with the hungry and provide the poor wanderer with shelter."

GIVE DIRECTLY



[Give securely online](#)



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